

50+ Summer Program June, July & August

Mystery Breakfast & Lunch:

Come jump on the bus for breakfast or lunch without all the hassle. You show up and we'll handle all the reservations and transportation. Register yourself and a friend! The cost of the meal is on your own. Breakfasts: Thursday 6/6, Tuesday 7/9, Wednesday 8/14 Time: Bus departs at 9:00am Lunches: Wednesday 6/26, Wednesday 7/17, Thursday 8/29 Time: Bus Departs at 11:30am Cost: \$5.00 per trip *Minimum: 5 people*



Led by a member of Hammond Castle Museum's talented tours staff, Guided Tours of the Museum last approximately 35–40 minutes and cover basic information about the history of the building and its inhabitants. Major areas covered include parts of the former Laboratory, the vast Great Hall, and the breathtaking Courtyard. We will stop for lunch in the Portsmouth/Kittery area on the way back. Price includes admission to Museum and transportation.

Date: Thursday, June 20th Departure time: 9:30am Price: \$15.00 per person

Join us for a gorgeous dinner at The Well at Jordan's Farm for a 3 course meal served on large, shareable platters. Salad & bread to begin with seasonal vegetables, starches, fish, chicken and a third protein option (usually pork) for the main course. Dessert is also included. Most of the produce comes straight from Jordan's Farm and surrounding farms in Cape Elizabeth. Price includes



your meal, transportation and ambiance.

fordan's

Farm

Date: Thursday, June 27th Departure Time: 7:00pm (8:15 reservation) Price: \$105.00 per person

Deering Oaks Farmer's Market

Join us to check out the variety of fresh foods from Maine farms! Many farmers (but not all) accept credit/debit directly at their booths. Please bring cash to shop with all



farmers!

Date: Wednesday, July 3rd Departure Time: 9:00am Price: \$5.00 per person



Maine State Society for the Protection of Animals

We are heading to Windham to visit the horses at MSSPA. We will stop at the Stockhouse for lunch on the way home. Fee covers transportation and a donation to saving rehabilitated horses. Date: Wednesday, July 24th Departure Time: 10:45am Price: \$10.00 per person



SCHOONERS MINI GOLF AND ICE CREAM

WE'RE HEADING TO SCHOONERS FOR A ROUND OF MINI GOLF AND SOME ICE CREAM! FEE INCLUDES A ROUND OF GOLF AND A DISH OF ICE CREAM!

> DATE: WEDNESDAY JULY 31ST DEPARTURE TIME: 9:45AM PRICE: \$12.00 PER PERSON



Hop on the bus to a local cinema for a surprise matinee viewing! Price includes admission to the movie and transportation.

<u>Dates:</u> Tuesday July 23rd AND Tuesday August 20th <u>Time:</u> Plan to depart from the Ballpark around 10:45am both dates-stay tuned for updates from Stephanie based on showtimes <u>Price:</u> \$15.00 per person







Lex from Snap-Ed Maine will be running a 4 week class in July on "Eating Better on a Budget". The class consists of:

- Flexible and adaptable to a variety of settings and participant needs.
- Fun, engaging and interactive lessons.
- Cooking demonstrations or tastings are part of each lesson!
- At the end of the 4 weeks, each participant will receive a free cookbook with 24 colorful and healthy recipes!
 - Class 1-Monday, July 1st: Eating Better on a Budget
 - Class 2-Monday, July 8th: Plan meals ahead
 - Class 3-Monday, July 15th: Purchasing fruits and veggies at the best price
 - Class 4- Monday, July 22nd: Prepare healthy foods and beverages for an active lifestyle

Time: Each class will take place at 2:00pm at the Ballpark. Cost: FREE

Cabbage Island Clambake

Sail the Bennie Alice from Pier 6 in Boothbay Harbor to Cabbage Island, a quintessential Maine experience. There you will enjoy a traditional Downeast clambake cooked on the water's edge.

Date: Tuesday, August 6th Departure Time: 9:00am Price: \$120.00 per person







Come get creative at the Ballpark with Stephanie! A guided craft will be planned out for you! Feel free to bring refreshments and treats to share!

Date: Monday, August 12th Time: 10:00am-11:00am Price: \$5.00 per person



<u>Dates:</u> Monday, July 29th and Monday, August 26th <u>Time:</u> 10:30am–11:30am <u>Price:</u> FREE



Kindly be advised: since this program is free of charge, if there is an excess of participants, only the first 8 winners will receive a prize.

Cancellation Policy:

Please note: we know that things come up and schedules change so we have a few options.

- Registration canceled 2+ weeks from the trip date: <u>you will receive your full payment amount</u> <u>credited to your account</u> (unless listed as a contracted program).
- Registration canceled within 2 weeks of the trip date: you will receive the full amount credited to your account IF we are able to fill your seat with someone from the waitlist.

thank you



Recreation Staff:

Jason Webber, Director jwebber@oobmaine.com

Nikki Duplisea, Assistant Director nduplisea@oobmaine.com

Tyler Stewart, Recreation Programmer tstewart@oobmaine.com

Frank Perez, Recreation Programmer fperez@oobmaine.com

Kira Clark, Billing & Registration kclark@oobmaine.com

Haley Plante, Wellness, Summer Camp & Adult Programming hplante@oobmaine.com



<u>Program locations:</u> unless stated otherwise, all programs and trips will take place at and/or depart from the Recreation Complex at the Ballpark.

Become a member today for \$10.00! Have a program idea? Email or text Haley at hplante@oobmaine.com 207-229-4735

Office hours: 8:30am-3:30pm Make time to fill out your registration form in advance or register online at www.oobrec.com Phone: 207-934-0860